



Healthy and Active Fundraising Ideas

- Fruit and Veggie Olympics
- Swim, Skip, or Surf for Smoothies
- Beach Bonanza-Sand Castle Making Contest
- Spring Fling Fitness Fun
- St. Patty Day Scavenger Hunt
- Foam Run/Sprinkler Run
- Walk-A-Thon/Bike-A-Thon
- Bike Rodeo
- Family Road Ride Event
- Recess Parade/School Neighborhood Parade
- Dance in the Playground or Park
- Activity BINGO
- Costume Dance-A-Thon

Fruit and Veggie Olympic Event Ideas

Coconut Bowling

Pepper Pass

Watermelon Weightlifting

Lemon-Lime Toss

Banana Balance

Pool Noodle Hurdles

Apple-Mazing Tricycle Relay

Lettuce Hula Hoop



Healthy and Active Fundraising Ideas



For these free downloadable lesson plans and more visit:
www.digitalcatch.org

Jump the Circuit
Partner Jog with Flying Disc
Bean Bag Bucket Brigade

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Free downloadable handouts

Scarf Activity Handout: <http://bit.ly/2fOWhEX>

Moving with Alphabet Handout: bit.ly/movingwalphabet

Family Fitness Event Handout:
bit.ly/familyfitnesssevent



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ACTIVE. HEALTHY. HAPPY.

For these free lesson plans and more visit:

<http://www.sparkpe.org/physical-education/lesson-plans/>

Line Boogie Bonanza
Straddleball Spectacular
Aerobic Bowling Night
Survivor Challenge
Poker Adventure Race



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**Go on an Adventure together to raise funds—Host a
Serengeti Stampede Event**

Free 30 minute video:

<http://adventuretofitness.com/Physical-Activity-Solution>